

## Game Changing Advice for ENFPs



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*"ENFPs don't get excited about looking to the past."*

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(Click the image bellow to play the video)



I want to share a game-changing piece of advice for my fellow ENFPs.

If you're trying to make a big positive change in your life, if you're trying to move forward towards something, but you keep finding yourself getting stuck or you're not really satisfied with your momentum, then pay attention, you're going to learn a ton in this post.

## Overwhelmed ENFP to Thriving ENFP

Us ENFPs, we have a bit of a problem sometimes where when we get a little overwhelmed, when we are trying to take on a lot or we're trying to make a change in our lives, we get overwhelmed.

And we feel that the way to deal with that often is to clean up the past.

It's like:

Okay, I'm struggling, I'm feeling a bit stuck. So why don't I go backwards and deal with the clutter? Maybe with the paperwork, maybe with clearing up some things with a therapist or something like that.

Looking to the past and feeling like until we deal with the past and get things really organized and really well set up that we're not going to be able to move to the future that we want.

And there's some truth to that.

The aspect of having a great foundation, of not having too many loose ends, bad relationships kind of bringing you down, or all these things on your mind, like:

I gotta catch up on my accounting.

I've got to do that paperwork.

I've got to clean that stuff up.

But here's the problem:

When do ENFPs thrive?

When we're looking to the future. When we're creating.

What do we love?

Possibilities. New things.

ENFPs don't get excited about looking to the past, about dealing with some paperwork, about clearing things up...

And yes, there are people who actually do get really excited by that.

But it's not us.

So what you're doing when you look to the past is you're using some of the weakest parts of your personality. And you're putting all your energy into that, which is going to leave you feeling really drained and you're not going to accomplish very much.

But when you look to the future, when you create an inspiring vision, when you think about what it is you really want to be doing and the change you can make and the future possibilities – that's when you get excited!

I'm not alone with that. This is when we get so, so excited – when we're looking to what we can actually accomplish and change with the future.

So what I would most recommend by far if you're feeling like you aren't where you want to be and you want to make a change, but you're concerned with the past is temporarily forget the past, focus on the future you want to create.

Focus on that future.

Get excited by it.

Get excited by the possibilities.

Create a new empowering vision for what it is you want.

THAT will energize you.

That will put you in the strongest part of your personality. You will be fired up. You will be energized.

And work in that world.

And then at the end of the day clean up some paperwork, talk to a therapist, organize your apartment.

That will be easy because you will be so inspired and fired up by what you're working on most of the time that doing a little paperwork is no big deal.

## Focus on Your ENFP Superpower

OR you can go another approach, and this is something that I tend to do – focus on using that superpower of yours.

Focus on creating the future, on working in that area that has you so excited and then make a bunch of money doing that.

Then it's easier to hire some help, hire a cleaner, hire someone to help keep you organized.

That becomes a lot easier because you're earning money doing the thing you do really well.

In either case, either approach with this, focus on the future. Focus on creating something empowering and inspiring.

And when you do that you'll have more than enough energy to do everything else.

So in the comments, I want to know what you think.

Is it better to focus on the future, to get inspired by doing something new?

Or is it better to clean up your past and deal with loose ends?

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